Taking A Stand Against Falls: OMC- Westbank’s Plan to Win- Phase Two

**Aim**
- The aim of this patient safety and quality improvement initiative is first to reassess strategies for fall prevention and implement, hardwire and sustain evidence based fall prevention interventions based on historical trends.

**Findings**
- Our analysis showed the areas that needed improvement:
  1. Defining Fall Risk Assessment terminology &
  2. Linking assessment to individualized interventions
- Our facility fall trends included:
  1. Bathroom assistance
  2. No one coming when attempting to call
  3. Visual signs/identification

**Implementation Strategy**
- Timeline and Intervention implemented:
  1. 2015 - June: Utilized search methods of previous studies by Whitlock and others.
  2. 2016 - June: Multiple PTY Clinical applications and Skill Classes 
    - Includes pork on RE Populate Hospital Fall Prevention Plan & Patients
    - Utilization of IHI Framework for Spread to enhance adoption
  3. 2017 - June: Did not do exhaustive update of existing reviews; Systematic Review

**Conclusions**
- OMC-WB met the rate goal of <3.0 for 2015
- This year’s fall rates are steady and continue to be on track to meet the new goal of <2.7.
- The implementation of various educational opportunities, EPIC fall risk assessment changes, and fall prevention technologies have been monumental in changing the way OMC-WB looks at fall prevention and continue to change the culture of fall prevention.
- We continue our efforts to hardwire best practices and stay current on evidence based fall prevention strategies.

**References**